

Voice of Health Interview #2 – An interview with Roger Wynters, author and health advisor. Mr. Roger Wynters has authored a book, “The Creators Guide to Better Health”. In our introductory interview, we discussed why it is becoming critical for people to focus on their health. In this interview, we begin to get into detail, with this discussion which lays the foundation for future interviews and articles from Voice of Health.

1. *Many people feel that most of their health needs are fulfilled by diets, personal training, etc; and that these areas require a specialist and dedication to be able to follow a structured program. Are there instructions in the Holy Scripture that provide guidance on healthy living?*

*Response: Absolutely! The Holy Scriptures provide what I would consider the basics of maintaining a healthy lifestyle, beginning with the clean and unclean food laws found in Leviticus 11 and Deuteronomy 14. Other interesting topics to be found in the Holy Scriptures include Yahweh’s definition of medicine, His advice on cleansing the body of disease, and the types of sexual activity that cause disease to develop.*

2. *What are the main health issues facing the world today?*

*Response: Ignorance of the scriptural dietary laws, ignorance of the effects sexual promiscuity and sodomy have on health, abortion, the prevalence of incorrect approaches used to treat physical disorders, and the contamination of the food and supply.*

3. *What information do you expect to provide in Voice of Health over the coming months in the form of articles and in our newsletter?*

*Response: In a nutshell, I hope to bring a measure of understanding on the subject of health Yahweh’s way, primarily through a series of articles on subjects such as cleansing, herbal medicine, the science behind what has become known as Intelligent Design, and various health topics related to current events of the day.*

4. *How does health figure into the plan of Yahweh for his children?*

*Response: It can be simply explained by the Proverb which states that “the curse causeless shall not come.” Disease and death are curses that come as a result of violating one or more of Yahweh’s health laws. Yahweh has a plan of salvation and eternal life for those who qualify. His 613 Laws are forever. If within these 613 Laws guidelines on healthy living are provided, then one has to conclude that His health laws and guidelines will be a factor in maintaining life eternal.*